



POPPY SEED BLUE WHOLE

Botanical Name: *Papaver rhoeas*

Common Name: Poppy, opium poppy

Medicinal part: Seed

Description: Poppy seed is an oilseed obtained from the opium poppy (*Papaver somniferum*). The tiny kidney-shaped seeds have been harvested from dried seed pods by various civilizations for thousands of years. The seeds are used, whole or ground, as an ingredient in many foods, and they are pressed to yield poppyseed oil.



**G·O·L·D·E·N
BOUGH**

Golden Bough Botanicals Inc. has been a trusted wholesale supplier of premium quality herbs, spices and specialty teas since 1978. Our business has evolved to include organic herbs and spices, pure essential oils, organics pure essential oils, fragrance oil, cosmetic, candle and soap making ingredients and packaging supplies.

Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue
Delta, BC V3M 6M1, Canada
Toll Free: 1-877-950.8700

www.goldenbough.ca